



COVID- 19 Resources

[COVID-19 Alberta Health Daily Checklist](#): for assessing individuals with symptoms or at risk of COVID-19 infection

[Alberta Government: Types of Masks](#): when to use different masking options

[Navigating COVID](#) (Alberta College of Family Physicians): criteria for different risk categories and management

[AHS Close Contacts Worksheet](#) (individuals are being asked to contact their close contacts themselves)

[AHS PPE FAQs](#) (useful guidance for PPE)

[AHS Mental Health Supports](#)

[Factsheet](#) (1 Page)

[Workbook: Taking Charge of What You Can: A COVID 19 Toolkit](#)

[Alberta Government Translated COVID 19 Resources](#)